

Hello prospective volunteers! Thanks so much for your interest in the volunteer opportunities for the 2018 Helping Kids with Hemiplegia camp!!! We are sending you general information about the volunteer experience, expectations, etc. We hope that this information will enable you to make a decision about your participation.

CAMP DATES ARE JUNE 14- JUNE 21 (8 consecutive days) with training on Sunday JUNE 10.

Camp Availability: Kerry and Holly need to know your availability so that campers can be matched with the volunteers. We need to know this availability by **May 1st**. Volunteers must work at least 2 consecutive days – approximately 14 hours. Below is the information that will guide you through the process of completing your availability. Two Google docs (2018 Volunteer Info, 2018 Volunteer Sign-Up) have been created. Links are in the body of this email – copy and paste into your browser. They work best if using **Google Chrome**.

1. 2018 Volunteer Info: Enter your name, email, phone number, and t-shirt size.

https://docs.google.com/spreadsheets/d/1tjle12O6_YdeQFHybAlMYgG4eBd38aV4znR4U91caqo/edit#gid=0

2. 2018 Volunteer Sign-Up: Enter your availability. Follow the directions below.

<https://docs.google.com/spreadsheets/d/1s5otia1r-Ea7C7ekcp3WRkjs32N36PYOXIqZWh5EoII/edit#gid=0>

Enter your name and fill out your availability. **Leave the days you are available BLANK. Gray out the days that you are NOT available using the fill feature with color dark gray. We want you to leave the days BLANK that you will be present so we can easily assign a child in that space.**

In the example on the Google Doc, Kerry Blazek is signed up to work every day except Saturday and Tuesday.

***If you are unsure of your availability at this point, please add your name and put question marks in the days. Once you are clear regarding your availability, please go back and fill in according to instructions above.

Once you have indicated that you will be volunteering at camp, we will send any additional information and paperwork that must be completed. **Required paperwork for all volunteers is a photo release.** Please complete the attached photo release and return via email listed below.

Camp Orientation: There will be a mandatory orientation/training for the camp held on Sunday June 10 at 1 pm. The orientation will be held at the Center for Rehabilitation Care 1807 N.

Fordham Blvd. Chapel Hill, NC. You are strongly encouraged to attend the orientation in person. This orientation/training is very helpful, particularly if this is your first year at camp. A live WebEx will be also be available to volunteers unable to attend secondary to travel constraints, etc. Please indicate on the 2018 Volunteer Info Google doc if you are able to participate in the training.

The mandatory orientation/training session will be approximately 3 hours.

Camp Location: The camp is held at Mary Scroggs Elementary School in Southern Village off 15-501. The address is 501 Kildaire Rd Chapel Hill, NC.

Camp schedule: Please plan to arrive at Scroggs Elementary at 7:45am daily unless instructed otherwise. Each morning we will have handling labs, review the schedule and ask questions. Please park in the back parking lot of the school. The campers arrive at 9 am and leave at 3pm. We will meet briefly after campers leave to regroup and discuss, etc. We are typically finished by 3:30 each afternoon. Camp dates are June 14- June 21, 8 consecutive days.

Camp Attire: You do not need a UNC volunteer shirt and please do not purchase one. You should wear shorts and t-shirts (appropriate logos only). You must be covered appropriately and able to bend down, sit on the floor, etc. without exposing lots of skin. You should wear shoes that will stay on your feet if you had to run for help. We will be outside and you are welcomed to wear hats and sunscreen. We do have theme days and you are welcomed to dress accordingly. You will receive a camp t-shirt so please indicate your size on the google doc. The t-shirts are men's shirts. We will order XS, S, M, L, XL, XXL sizes.

Other: You will need to bring a lunch that is easy to eat and a water bottle. Refrigerator space is limited so if you can, put a freezer pack in your lunch. We have water available, some sodas, Gatorade and daily snacks that you are welcome to eat.

Contact Information: If you get sick or have an emergency and are unable to attend camp on a day that you are assigned, please contact Kerry Blazek, PT at 845-304-6178 ASAP that evening or early morning so that we are able to make other arrangements.

ASSIGNMENTS: You will need to develop a simple home program for your camper. These home program will be reviewed with a therapist prior to sharing with the parent on the last day of camp.

If you have questions, please contact us via email. Thanks Holly Holland, OTR/L, ATP; Kerry Blazek, PT, DPT, PCS

Please email your photo release and any questions related to volunteering to the camp email: helpingkids.unc@gmail.com