

# Keeping Your 4 Month Old Safe

## Fire Safety

**Fire Extinguisher.** Make sure you know how to use your fire extinguisher.

**Smoke Alarms.** Have a smoke alarm in or near every bedroom. Test each alarm once every month. Replace the battery in every smoke alarm once a year. January 1st is a good time to do this.

**Escape Plan.** Make a plan for what everyone in your home will do in case of a fire. Practice your plan once each month with all adults and older children.



## Choking

**Putting things in mouth.** Your baby can now reach, pick up objects and put them in their mouth. This is how babies explore the world, but it can be dangerous.

**Small objects.** If an object can fit in a toilet paper tube, you baby could swallow it. Test all objects before you let baby play with them.

**Sibling toys.** Older sibs may play with legos and other small toys. Teach them to keep these away from baby.

## Playtime

**On the floor.** Your baby can practice rolling and using all of their muscles while on the floor. Put a blanket down and some safe toys for baby. Make sure there are no small objects that baby can get to.

**In the car seat.** Your baby can hold, bang, and mouth safe objects While strapped in their car seat. But, never put the car seat on a table or other high surface. Baby's movements can make the car seat move and fall off the table.



## Dogs

Dogs can be great pets, but they are animals and you never know how they might respond to something. Make sure the family dog is not in the room where baby is sleeping. Also, never leave baby alone in a room with the dog.